



WORLD LYMPHOMA
AWARENESS DAY

15 September
2023

#WLAD2023

Are you living with lymphoma or CLL and experiencing challenging feelings?

Fear?
Anxiety?
Depression?
Isolation?

82% of people said they had experienced psychological and emotional effects in the last 12 months, according to the Global Patient Survey on Lymphoma and CLL (2022).

We Can't Wait to Focus on Our Feelings.

This World Lymphoma Awareness Day learn to cope with challenging feelings. It can have many benefits including closer relationships with family and friends, feeling more connected with yourself and being better able to live in the moment.

Visit www.worldlymphomaawarenessday.org to learn more and find ways to seek help.

**LYMPHOMA
COALITION** 